

CHOOSING PRODUCTS FOR ECZEMA



The ESC Seal of Acceptance products undergo rigorous review, are free from common irritants, and are considered suitable choices for people with eczema.

ESC Seal of Acceptance Products:

PERSONAL CARE PRODUCTS

MOISTURIZERS

A-DERMA EXOMEGA CONTROL Emollient Balm
Aveeno Baby® Eczema Care Moisturizing Cream
Aveeno Baby® Eczema Care Nighttime Balm
Aveeno® Eczema Care Hand Cream
Aveeno® Eczema Care Itch Relief Balm
Aveeno® Eczema Care Moisturizing Cream
Avene® Xeracalm A.D. Lipid-Replenishing Balm
Baby Dove Lotion Sensitive Moisture - Fragrance Free
Bioderma Atoderm Intensive Baume
CeraVe® Moisturizing Cream
Cetaphil® Baby Eczema Calming Moisturizer
Cetaphil® PRO RESTORADERM Eczema Soothing Moisturizer
Dermakalm Eczema Cream
Dermakalm Eczema Cream for Infants and Children
Dermakalm Hand and Contact Eczema Cream
Eucerin® Eczema Relief Body Creme
Eucerin® Eczema Relief Flare-Up Treatment
Glaxal Base® Moisturizing Cream
GlysoMed® Eczema Control™
Gold Bond® Ultimate Eczema Relief Skin Protectant Cream
Gold Bond® Ultimate Eczema Relief Skin Protectant Lotion
La Roche Posay® Lipikar Baume AP+
POLYSPORIN® Eczema Essentials® Flare-Up Relief Cream
Spectro® Intense Rehydration Moisturizer
Spectro® Kids™ Intense Rehydration Moisturizer
Vaseline® Advanced Repair Lotion – Unscented
Vaseline® Problem Therapy Cream

ESC Seal of Acceptance Products:

SPRAYS

Bioderma Atoderm SOS Spray – Anti-itch

CLEANSERS

Aveeno Baby® Eczema Care Body Wash
Aveeno® Eczema Care Body Wash
Baby Dove Sensitive Moisture Bar – Unscented
Baby Dove Tip to Toe Wash Sensitive Moisture –
Fragrance Free
Cetaphil® Baby Calming Wash
Cetaphil® PRO RESTORADERM Nourishing Body Wash
Spectro® Kids™ Moisturizing Body Wash

SHAMPOOS

DUCRAY® sensinol shampoo

DISPOSABLE WIPES

Baby Dove Wipes Sensitive Moisture – Fragrance Free

OVER-THE-COUNTER DRUGS

Gold Bond® Ultimate 1% Hydrocortisone Eczema Relief
Cream Intensive Formula
POLYSPORIN® Eczema Essentials® 1% Hydrocortisone

LAUNDRY CARE PRODUCTS

FABRIC SOFTENERS

Snuggle® Free & Soft™ Fabric Softener Liquid
Snuggle® Free & Soft™ Fabric Softener Sheets

TIPS

- Moisturizer is typically applied after every bath, shower, or contact with water (such as hand washing) but you should moisturize as directed by your physician.
- Apply moisturizer in gentle strokes in the same direction as hair growth.
- There is no need to scrub your skin, or wash your entire body with cleanser at every bath or shower. Use the cleanser only on areas that need cleansing, such as the arm pits, groin and backside area.
- Dry skin is itchy skin! Keeping well moisturized will reduce itch, which will reduce scratching, which in turn helps prevent additional inflammation.

Always look for the Seal of Acceptance

Products that are identified as 'Accepted' have undergone a formal scientific review, are formulated with ingredients and/or concentrations that have been found to be generally suitable for use with sensitive skin and have officially earned our Seal of Acceptance. For more information, please see our [Seal of Acceptance Disclaimers Statement](#). Information contained on our website or in our materials should not be taken as medical advice. Speak with your doctor if you have any concerns related to your eczema management.

Seal of Acceptance Disclaimers

Seal of Acceptance products may contain potential irritants at concentration levels thought to be insignificant for most individuals. People with eczema may still find they do not tolerate certain products or certain ingredients. Rarely, some individuals will have an allergy to specific ingredients that are well tolerated by others.

The Eczema Society of Canada's (ESC) Seal of Acceptance does not constitute medical advice and relies upon available scientific evidence at the time of issuance of the Seal of Acceptance.

Skin Care Products – ESC recommends that individuals patch test any new product on a small area of skin, before applying it to a large area of skin. Should irritation occur, do not use the product and see your healthcare professional. Note that cleansers should never be left on the skin.

Over the Counter (OTC) Drugs – ESC reminds consumers that all drugs, including OTC drugs, have risks and potential side effects. Consumers are reminded to read and follow the instructions and consult with their healthcare provider before using any medication and if their skin is worsening.

Laundry Care Products – Laundry products (that have earned our Seal of Acceptance are free from known irritating fragrances and dyes. Such products are formulated for sensitive skin; however some people may have an allergy or sensitivities to specific ingredients that are well tolerated by others. You are advised to speak with your healthcare provider about any concerns related to clothing, fabrics, and laundry care. Should irritation occur, do not use the product and seek medical advice.

FOR MORE INFORMATION CONTACT ESC AT: info@eczemahelp.ca | 1-855-ECZEMA-1 | www.eczemahelp.ca

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